

Everybody welcome

Parent/Tot encourages the whole family to come together at the centre for a comfortable, informal gathering where families can socialize and share experiences.



Hours of Operation:

Saturday
12:00pm-4:30pm

Parent Tot Program



Friendship House Association
of Prince Rupert
744 Fraser Street
Prince Rupert BC
Ph: (250) 627-1717
Fax: (250) 627-7533

Parent Tot Program

It is a free drop-in program for Parents and Tots to spend quality time.



Ph: (250) 627-1717
Ext. 27
Contact:
Edith Blackwater

Friendship House Association
of Prince Rupert

Parent/Tot



Parent/Tot: What is it?

The Parent/Tot Program is designed for families who would like to spend quality time with their children.

It offers an informal supportive place for children and their parents, aunt's, uncles, and grandparents to connect with each through arts and craft, and play.

Activities

We also provide on-going opportunities with elders and professionals for support and education for parents and young children through:

- Workshops with elders and health professionals that include:
 - bread making
 - story telling
 - singing and dancing
 - hand washing demonstration
 - dental hygiene
- Parent and child tips that include safety, nutrition, health, child development.
- Outdoor activities weather permitting



Focus

We focus on the needs of families with young children using traditional aboriginal values to promote a positive family experience within the community.

